



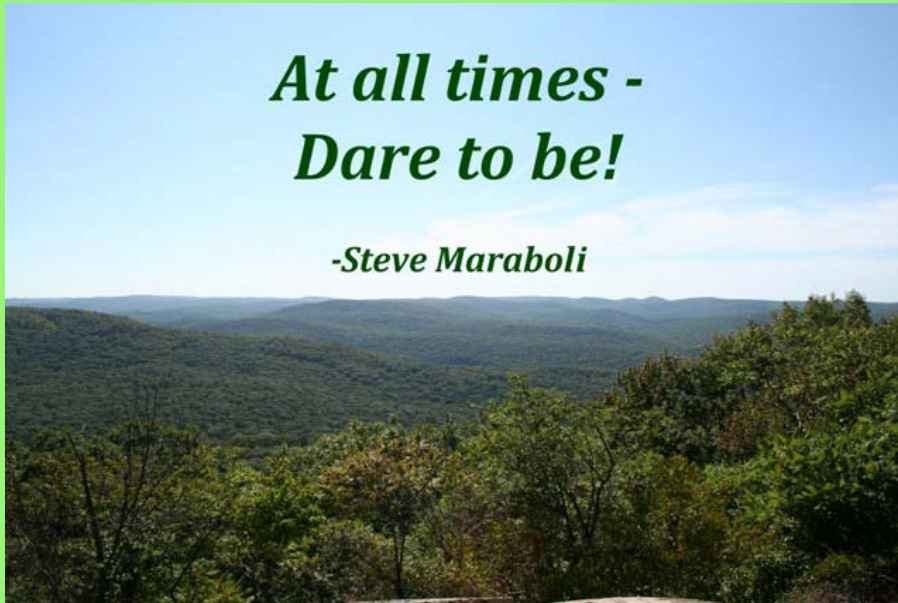
A Better Today, Inc.
"The Empowerment Company"
PO Box 1433
Port Washington, New York 11050
(800) 445-0921

A BETTER TODAY NEWSLETTER

November 2009

***At all times -
Dare to be!***

-Steve Maraboli



Visit our sites:

www.abettertoday.com

www.stevemaraboli.com

www.empoweredlivingradio.com

Truths of Leading an Empowered Life

- * *Empowerment is a lifestyle decision.*
- * *When choosing to lead an empowered life you move from a mindset of believing in possibilities to a mindset of taking action towards accomplishments.*
- * *This transition into a powerful creator of great realities is a lifestyle which must remain constant and unwavering in order to be completely effective.*
- * *In order to change what you dislike about your life now you must immediately change the causal actions that have created the negative effects.*
- * *Stop walking through the motions of a conditioned routine and start consciously taking action upon your visualized intent.*
- * *It is only when faced that a bad habit can be eliminated.*
- * *Each day brings with it an opportunity to enhance your drive towards an empowered life.*
- * *Surrounding yourself with positives (movies, music, poetry, books, etc...) helps in keeping a positive mindset.*
- * *An empowered lifestyle is simple & complete.*
- * *Following the Empowered State of Reality system is consistently effective for achieving your goals and accessing your boundless talents.*
- * *The positive effects of choosing an empowered life are immediately visible.*
- * *Leading an empowered life enables you to take control of the powerful perspectives and labels that effect your life.*
- * *You are no longer bound by limiting beliefs or conditions.*
- * *Your understanding of your power and abilities are greatly increased and continue to increase as you gain clarity.*

When leading an empowered life, each day begins and ends with you at your best and with each situation at the best level in which it can be.

Pickup in the Rain

One night, at 11:30 PM, an older African-American woman was standing on the side of an Alabama highway trying to endure a lashing rainstorm. Her car had broken down and she desperately needed a ride. Soaking wet, she decided to flag down the next car.

A young white man stopped to help her - generally unheard of in those conflict-filled 1960s. The man took her to safety, helped her get assistance and put her into a taxicab. She seemed to be in a big hurry! She wrote down his address, thanked him and drove away.

Seven days went by and a knock came on the man's door. To his surprise, a giant console color TV was delivered to his home. A special note was attached. It read:

"Thank you so much for assisting me on the highway the other night. The rain drenched not only my clothes but also my spirits. Then you came along. Because of you, I was able to make it to my dying husband's bedside just before he passed away. God bless you for helping me and unselfishly serving others."

Sincerely,
Mrs. Nat King Cole

Search for contentment in each person you meet.

-Steve Maraboli

Be happy with who you are and what you do, and you can do anything you want.

-Steve Maraboli

Don't be perfect. You have to make mistakes or you'll never learn from the mistakes you could've made.

-Steve Maraboli

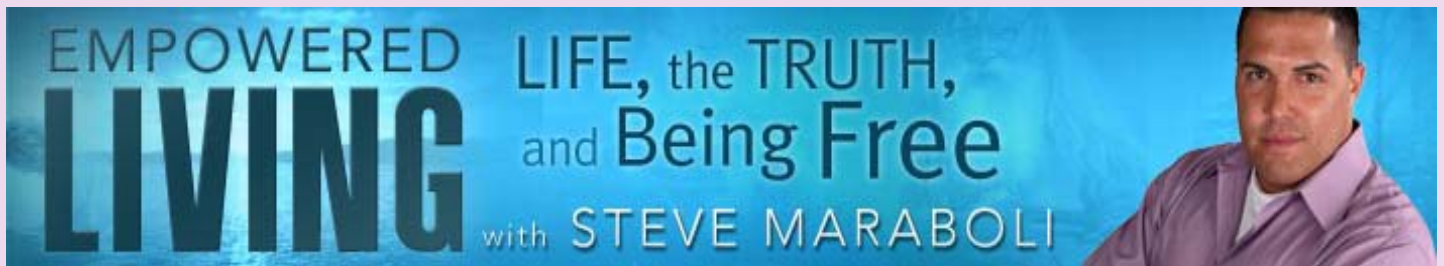
• • •
Free yourself from the imprisonment of your own limiting beliefs, from your own prejudice.

-Steve Maraboli

• • •

We can all fight the battles of just one day. It is when we add the burdens of two uncontrollable days, yesterday and tomorrow, that we get overwhelmed.

-Steve Maraboli



Free yourself from the prison of your conditioned thoughts and destroy barriers that hinder your success. Tune into "Empowered Living: Life, the Truth, and Being Free" with host, speaker, writer, and personal coach, Steve Maraboli.

Steve and his expert guests take you on a quest for truth and highlights philosophies and strategies that help you release your greatest self.

It's time to shake off mediocrity, destroy personal barriers, live up to your greatest potential, and align with happiness, success, and excellence with:

Empowered Living: Life, the Truth, and Being Free

Listen Live Every Monday, Thursday, and Friday at 12pm ET

www.blogtalkradio.com/stevemaraboli

"It's more than just a show... It's an event!"

[Click Here For Upcoming Radio Shows](#)

[Click Here For Archived Radio Shows](#)

Come to accept that if your methods don't change - neither will your results.

-Steve Maraboli

A Better Today Charities

"We are all on the same team and in this together"

- Steve Maraboli

A Better Today charities are self-funded. We believe in sharing, teamwork, and the greatest display of love; giving. If you would like to help by giving your time or helping with resources, [please contact us](#).

Featured A Better Today Charity

Holiday Gifts for Children of the Fallen:

This is a national program that reaches out to the children of soldiers that have lost their lives. Our intent is to help the surviving parent or guardian provide a wonderful holiday for their children. We work with local and nation merchants to get as many holiday gifts as we can and distribute them to the families.

For more information about other A Better Today charities, [please click here](#).

*Even when you lose, there is
a lesson to be gained.*

-Steve Maraboli

*Remember that time waits for no one.
There is only one time for happiness
and the time is NOW!*

-Steve Maraboli

*Remain open to change. Without
change, progress is impossible.*

-Steve Maraboli

*When you make a
mistake, be quick to
admit it and correct it.*

-Steve Maraboli

www.abettertoday.com

www.stevemaraboli.com

www.empoweredlivingradio.com